

TYRINGHAM COUNCIL ON AGING

TUESDAY, FEBRUARY 13, 2024

UNION CHURCH BASEMENT

- 11:30 am** Short Business Meeting
- Noon:** Luncheon. Please bring a dish to share. Also, bring your own eating and serving utensils.
- Program:** Rescheduled from January. We will watch a fantastic film about the incredibly elusive wolverine. Filmed in the mountains and deep snow of Glacier National Park in Montana. It should be interesting, so please join us.
- Coffee Hour:** Every Tuesday and Thursday from 10-11:30 am in the Town Hall Meeting Room.
- Exercise Class:** Monday mornings from 10-10:45 except for February 19, at the Town Hall.
- For those people who have e-mail addresses, the newsletter will be sent to you on the TEBB. Others will continue to receive theirs in the mail.

Elder Services is available for seniors with any type of problem. Their Information and Referral Department can be reached at 413-399-0524 or 1-800-544-5242.

This newsletter is sponsored by a grant from the Office of Elder Affairs.

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Coffee Hour 10-11:30 am Barbara	2	3
4	5 Exercise Class 10 am Town Hall	6 Coffee Hour 10-11:30 am Ruth	7	8 Coffee Hour 10-11:30 am Bob	9	10
11	12 Exercise Class 10 am	13 COA Meeting & Luncheon 11:30 am Union Church	14	15 Coffee Hour 10-11:30 am Traudi	16	17
18	19 Holiday	20 Coffee Hour 10-11:30 am Barbara	21	22 Coffee Hour 10-11:30 am Laura Lee	23	24
25	26 Exercise Class 10 am	27 Coffee Hour 10-11:30 am Tom	28	29 Coffee Hour 10-11:30 am ?		

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