

# Fairview Hospital Emergency Preparedness Month September 2018

## **You are the help until help arrives**

**Tuesday September 4th 9:00 AM—12:00 PM, GFCR**

**Tuesday September 18th 9:30 AM—12:30 PM, GFCR**

Life-threatening emergencies can happen fast. Emergency responders aren't always nearby. You may be able to save a life by taking simple actions immediately. You Are the Help Until Help Arrives. This class was developed in coordination with Federal Emergency Management Agency's (FEMA) Individual and Community Preparedness Division in cooperation with the U.S. Department of Health and Human Services' Office of the Assistant Secretary for Preparedness and Response (ASPR) and its Medical Reserve Corps (MRC). This class will cover topics such as calling 9-1-1, keeping yourself safe, how to stop bleeding, and how to provide comfort. Participants will be given a link to obtain a certificate of attendance.

## **Southern Berkshire CARES Visits**

**Sunday September 23th 10:00 AM, Fairview Hospital and Southern Berkshire Volunteer Ambulance**

**Saturday September 29th 10:00 AM, Gt Barrington Police Station and Gt Barrington Fire Station**

Southern Berkshire CARE (community, advocates and resources for everyone) is a group of local parents and care givers who facilitate positive, safe, and social environments for all children and young adults with special needs while connecting and supporting families in groups and within the community. Through our outreach and connections with other first responders we have arranged special visits for these children at the ER, the ambulance garage, the fire department and the police department. If you have or care for a child with special needs you are welcome to join us.

## **Stop the Bleed**

**Thursday September 20th, 6:00 PM—8:00 PM, Ground Floor Conference Room, All invited**

**Saturday September 22nd, 2:00 PM—4:00 PM, Ground Floor Conference Room, All invited**

**Saturday September 29th, 9:00 AM—11:00 AM, GFCR, Healthcare workers and first responders only**

Massive bleeding from any cause, but particularly from an active shooter or explosive event where a response is delayed can result in death. Similar to how the general public learns and performs CPR, the public must learn proper bleeding control techniques, including how to use their hands, dressings, and tourniquets. Victims can quickly die from uncontrolled bleeding, within five to 10 minutes. However, anyone at the scene can act as immediate responder and save lives if they know what to do. This class will include discussion and hands on education to teach how to "Stop the Bleed".

**All of these events require pre-registration.**

To pre-register please contact Heather Barbieri at (413) 854-9656 or at [hbarbieri@bhs1.org](mailto:hbarbieri@bhs1.org)